

HELPING THE EDUCATOR TEACH

NIMAT ALAM, MD

Academic Physician, *TMA Member since 2014*

For years Nimat Alam, MD, was driven to educate and mentor others, so it is only natural she molds aspiring young physicians today. Even as a busy medical student she sought opportunities to teach junior and senior high school students.

“I felt a calling for this,” said the associate professor at the Texas Tech University Health Science Center School of Medicine Permian Basin in Odessa. “I have the privilege to educate and develop future physicians, which has been incredibly fulfilling.”

TMA Provides a 360-Degree Aerial View

Dr. Alam believes modeling involvement in organized medicine is a natural part of her teachings.

“When I got involved [in TMA] it gave me a broader vision of how I can better serve, which goes above and beyond the academic setting,” said Dr. Alam. “The connection and collaboration with other specialties only happens when we get involved with the Texas Medical Association. It’s kind of like looking at medical practice and your academic setting not from an internal vision but from an aerial view.”

This involvement allows her to advocate with others – for her patients, community, fellow physicians, medical society, and profession.

Leading the Way

This year Dr. Alam took two residents to TexMed, TMA’s annual

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conference, for the learning experience and immersion into TMA policymaking, just as a colleague drew her into organized medicine years ago. She knows these residents will, in turn, entice other residents to engage in organized medicine to broaden their worlds and the care they provide.

She finds meeting colleagues through TMA “extremely rewarding, and an incredible opportunity for future physician leaders.”

Dr. Alam says she is passionate about researching innovative ways to solve complex medical problems to help her patients, their families, and the community lead a healthier life.

“Caring for the vulnerable elderly and their family is among the most humbling yet rewarding experiences in my professional life,” she said. While caring for her patients she ceaselessly mentors the students and residents around her – TMA helps her accomplish this.

“To develop future physician leaders, you cannot stay only within your academic institution. We must expand ourselves through the Texas Medical Association. That’s the beauty of being a TMA member.”



TMA SUPPORTS YOUR ROLE IN PREPARING THE NEXT GENERATION OF PHYSICIANS.

- **Advocacy:** Working to ensure Texas medical schools, residency programs, and academic health centers have resources for high-quality teaching, patient care, and research.
- **Leadership:** Building your leadership skills – and CV – for promotion.
- **Protecting and encouraging public health.**
- **Employment:** Offering job opportunities in the Career Center.
- **Security:** Providing access to life and disability products to supplement your employment offerings via TMA Insurance Trust.