

In 2025,

TMA Recovered More Than **\$3.6 Million** for Texas Practices

TMA's free Physician Payment Resource Center helped TMA member practices like yours recover claim-specific payments owed by health plans, and saved them time and money, too.



CLAIM-SPECIFIC PAYMENTS RECOVERED:

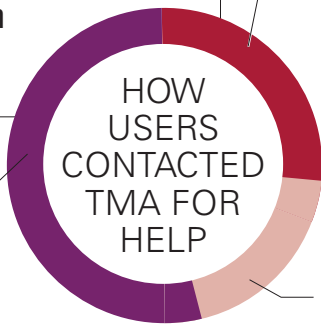
NEARLY \$3.3 MILLION



VALUE OF EMPLOYEE TIME SAVED:

MORE THAN \$317,000

370 practices contacted TMA **966 times** for help with problem claims, saving them **1060 work hours.**



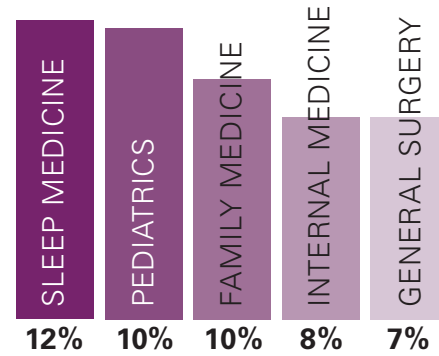
54%

used the online form or faxed the paper form

26% emailed Payment Services

20% called TMA

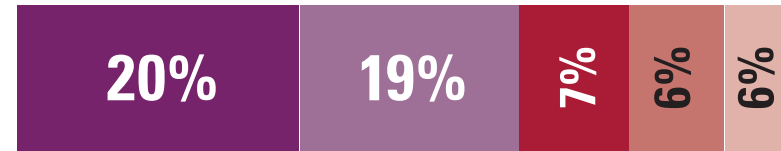
TOP 5 SPECIALTIES



TMA'S PAYMENT SPECIALISTS **LISTEN, EDUCATE, REVIEW, AND GUIDE.**

In many cases, practices then resubmit corrected claims and receive payment. (See Top 10 Practice Billing Errors.)

5 PAYERS accounted for **half of the \$3.3 million in payments recovered** for practices.



Blue Cross and Blue Shield of Texas UnitedHealthcare Aetna Medicare Cigna

ON AVERAGE, IT TAKES **32.6 DAYS** TO RESOLVE AN ISSUE



DO YOU EVER NEED HELP WITH **DENIED CLAIMS?**

In the past 3 years, TMA has helped practices **recover \$10.2 million** and **save nearly \$887,000** in employee expense.

	Payments Recovered	Employee Time Saved	Employee Expense Saved
2025	\$3.3 million	1060 hrs.	\$317,000
2024	\$3.1 million	972 hrs.	\$284,000
2023	\$3.8 million	993 hrs.	\$286,000

When you contact TMA, payment specialists can help you **avoid errors that result in payment denial.**



WORKING WITH TMA IS **HIPAA-SAFE.**



TOP 10 PRACTICE BILLING ERRORS

- Billed procedure not covered by the patient's insurance
- Incorrect use of CPT codes
- Incorrect or terminated clinician credentialing
- Inadequate documentation
- Inappropriate unbundling of codes
- Required preauthorization not obtained
- Practice fee schedule update needed
- Services not supported in the medical record
- Nonphysician practitioner services billed incorrectly
- Incorrect use of modifiers

"I truly appreciated PPRC staff taking the time to walk me through the additional tools and resources – it made a big difference in understanding and applying them effectively.."

Dusty Specks, Office Manager
Riverwood Medical Clinic, Dr. Rajeev Gupta



Physicians Caring for Texans

Contact TMA when you need help.
Hotline: (800) 880-1414
paymentresourcecenter@texmed.org
texmed.org/PaymentResourceCenter