

# Tech Trends in Texas

The Texas Medical Association recently conducted its biennial health information technology survey, used to track trends among Texas physicians, identify emerging issues, and support TMA advocacy. The 2025 survey largely addressed electronic health records (EHRs), telemedicine, data security, interoperability, and for the first time, artificial intelligence (AI), defined as using machines to enhance or mimic human reasoning or knowledge.

**ALTHOUGH EHR USE** continues to rise among Texas physicians, the majority of respondents agree the technology still negatively impacts patient care. Likewise, only a small portion of physicians consider clinical support tools – meant to provide relevant EHR clinical information at the point of care – helpful.

However, physicians remain optimistic AI will help reduce their administrative burden. Meanwhile, telemedicine use has decreased among physicians – but cyberattacks are on the rise. The statewide results of the survey reveal the share of the respondents who:

## 91%

Use EHRs

## 56%

Feel AI will have both a positive and negative impact on patient care

## 69%

Believe EHRs interfere with attentiveness to patients

## 19%

Experienced a cybersecurity attack in the last two years, up from 11% in 2023

## 58%

Agree too much data within EHRs obscures patient information, impacting patient care and safety

## 9%

Report patient visits conducted virtually, down from 10% in 2023

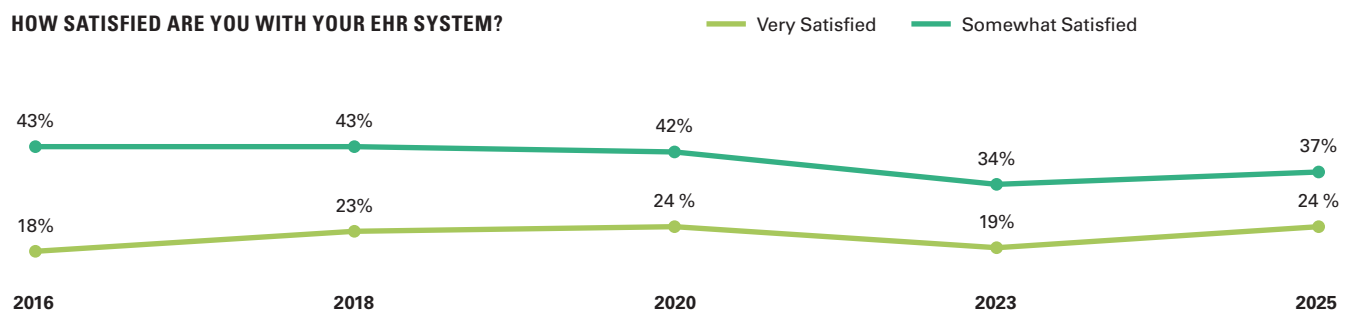
## EHRs

### Slow and steady

EHR adoption among Texas physicians is at 91%, but clinicians' satisfaction with their systems remains touch-and-go.

The top systems physicians used were by far Epic, eClinicalWorks, and Athenahealth.

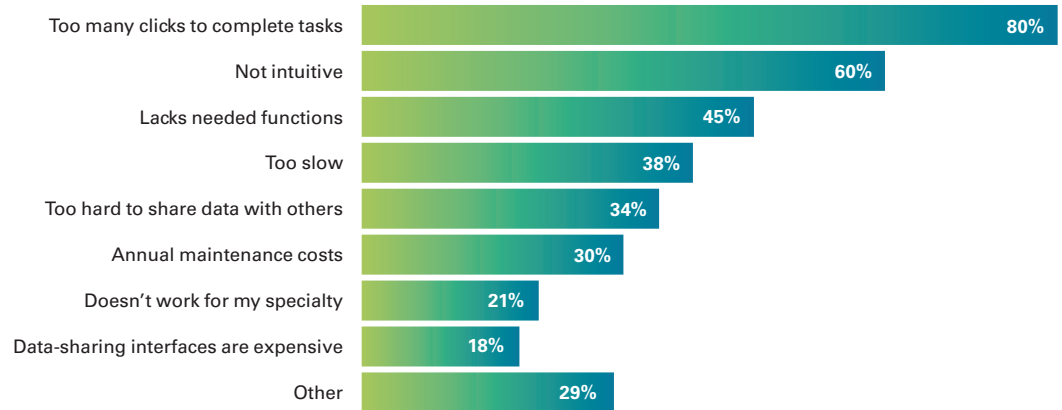
### HOW SATISFIED ARE YOU WITH YOUR EHR SYSTEM?



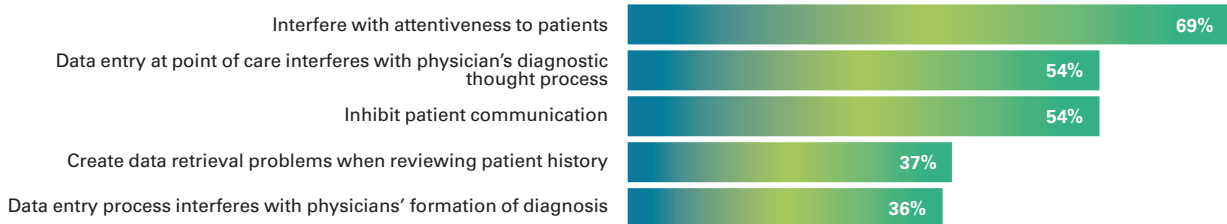
### Updates needed

Of the 40% of physicians dissatisfied with their EHR systems, many reported the technology's effectiveness was reduced by too many clicks to complete tasks. Overall, only 24% of the survey's respondents found EHR clinical support tools, meant to provide relevant clinical information, such as medication allergies or contraindication alerts at the point of care, helpful.

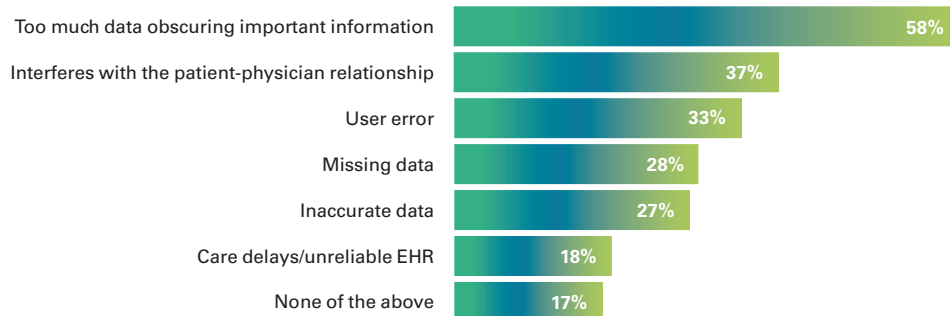
#### REASONS FOR EHR DISSATISFACTION:



#### NEGATIVE PATIENT CARE IMPACTS OF EHRs:



#### CAUSES FOR ADVERSE IMPACTS:

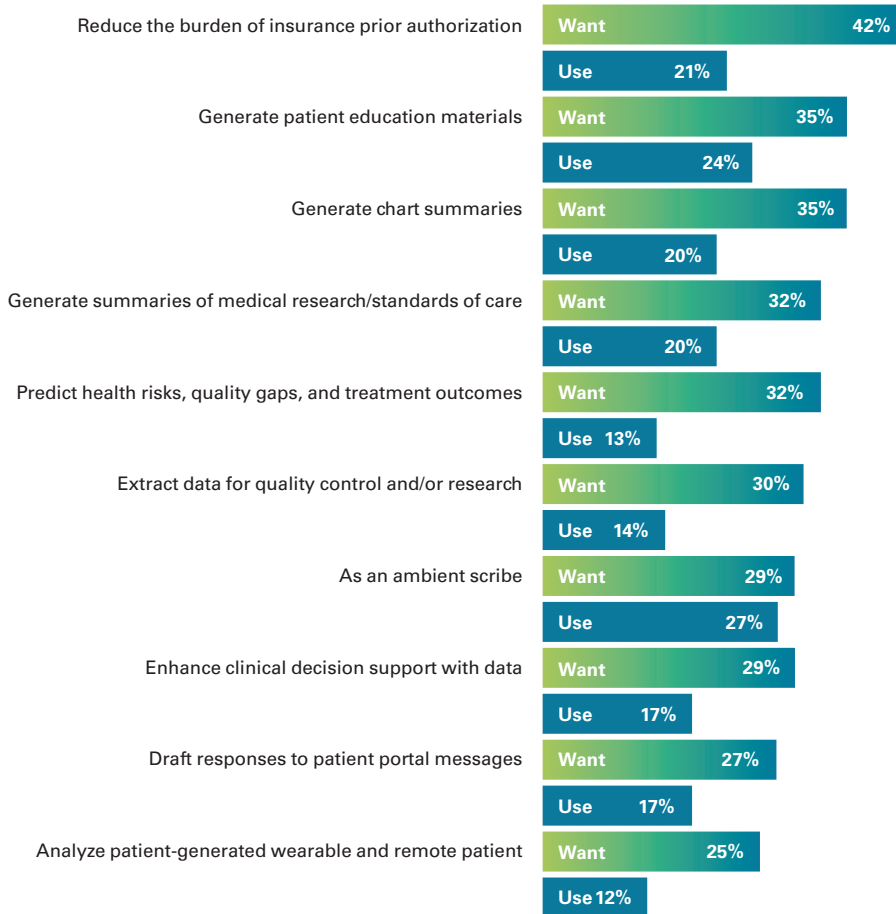


## AI

### Cautious use

Texas physicians remain cautious about AI – and curious about its potential benefits. Just over a quarter of survey respondents reported using the technology in their practice,

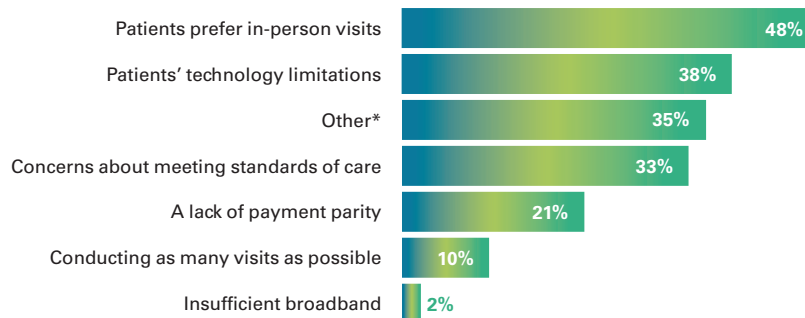
but overall, only 9% believe it will have an entirely negative impact on health care.



## Telemedicine

### Decreasing screen time

The percentage of physicians using telemedicine dropped from 75% in 2023 to 63% in 2025. Here's what doctors had to say about why:



\* Among physicians who reported, "other," they specified their practice or specialty prevents them from conducting more visits via telemedicine.

Source: "TMA 2025 Health IT Survey," [www.texmed.org/HIT](http://www.texmed.org/HIT)